



Breakfast and Brunch

Available until 3pm

Poached egg or baked tomato benedict with home-smoked ham 7.50

royale with home-smoked salmon 7.50

florentine with spinach 7.00

chefs cooked breakfast

Sausage, Bacon, Scrambled Egg,
Mushroom, Tomato & Toast
for 1 8.00 for 2 15.00
(no variations Chefs orders!)

baguettes

Kerridge's grandfather sausage 4.50
Kerridge's smoked back bacon 4.50
Kerridge's sausage & bacon 6.50

american pancakes 6.50

homemade fluffy american style pancakes
smoked back bacon and maple syrup
blueberries, maple syrup and whipped cream

sautéed mushrooms 6.50

bio dynamically grown oyster mushrooms/seasonally
foraged mushrooms as available, sautéed with
fresh herbs and served with crusty bread

Persian yoghurt 5.50

creamy greek yoghurt with pan fried cherry
tomatoes, red onion, green raisins and mixed
seeds in honey and warming Persian spices

info@theforagersretreat.co.uk



Lunch

from 12 noon

V= Vegetarian V+ = Vegan
from our smokehouse

all served with a dressed side salad,
homemade chutney & fresh crusty bread

smoked meat board 7.50

smoked cheese board v 7.50

smoked fish board 8.00

mixed board 14.00

(all of the above! main for 1 or
a great sharer)

soul bowl (v,v+)

dressed seasonal green salad with choice of
2 vegetable dishes from the counter 7.50
3 vegetable dishes from the counter 8.50

homemade tartlet/quiche v 4.50

with 2 dish soul bowl v 10.00
or 3 dish soul bowl v 11.00

hummus, olives & bread 6.50

simple & delicious

homemade pate/terrine 8.00

served with dressed green salad,
wild pickle & bread

hot from the kitchen

(see today's specials blackboard)

after 5pm at the bar

hot from the pot (see board) 8.50
selection of crostini 1.00 each

All our dishes are prepared with love & care
in a kitchen that handles all allergens.
Please make staff aware if you have any
dietary restrictions



Cafe Drinks

coffees

one size

black coffee 1.90

frothy coffee 1.90

milky coffee 1.90

+ extra shot 2.50

espresso 1.20

dbl espresso 1.80

mocha 2.00

cafetière 2.50

add syrup for 50p

teas

english breakfast

1.20

earl grey 1.90

white 1.90

camomile 1.80

fresh mint 2.50

fresh sage 1.20

hot chocolate

straight & smooth 2.00

pimped to the max 3.00

(whipped cream, marshmallows, chocolate
& syrup of your choice)

iced drinks

long iced

coffee 1.90

double shot of
espresso topped up
with cold water
over ice add a dash
of milk if you fancy!

the pebmarsh 2.50

double shot of
espresso doubled up
with milk topped
with whipped
cream & chocolate

milkman's

choice 2.20

double shot of
espresso topped up
with cold milk
over ice

